

# **The Liturgical Year: Unfolding the Paschal Mystery Answer Key**

## **Advent**

- Advent is a liturgical season.
- The aspect of the Paschal Mystery that is unfolded and celebrated during this season is the coming of our Savior, Jesus Christ—both at his birth and at the end of time.
- This liturgical season helps us to live our lives better by reminding us to make room for Jesus in our hearts.

## **Christmas**

- Christmas is a liturgical season.
- The aspect of the Paschal Mystery that is unfolded and celebrated during this season is the Incarnation, God becoming man.
- This liturgical season helps us to live our lives better by encouraging us to be joyful always and to rejoice in God's presence.

## **Lent**

- Lent is a liturgical season.
- The aspect of the Paschal Mystery that is unfolded and celebrated during this season is Christ's Passion.
- This liturgical season helps us to live our lives better by encouraging us to practice prayer, fasting, and almsgiving together as the Body of Christ and by reminding us to be thankful for Jesus' redemptive sacrifice.

## **Holy Thursday**

- Holy Thursday is a feast day within the Easter Triduum.
- The aspect of the Paschal Mystery that is unfolded and celebrated on this day is Jesus' giving of himself in the Eucharist.
- This feast day helps us to live our lives better by reminding us to serve one another.

## **Good Friday**

- Good Friday is a feast day within the Easter Triduum.
- The aspect of the Paschal Mystery that is unfolded and celebrated on this day is Jesus' Passion and death.
- This feast day helps us to live our lives better by reminding us that the sacrifice of the cross is made present in each Eucharist.

## **Holy Saturday**

- Holy Saturday is a feast day within the Easter Triduum.
- The aspect of the Paschal Mystery that is unfolded and celebrated on this day is the Resurrection of Christ.
- This feast day helps us to live our lives better by reminding us that we celebrate Jesus' Resurrection each time we celebrate the sacraments.



## Easter

- Easter Sunday is a feast day that marks the beginning of the Easter liturgical season.
- The aspect of the Paschal Mystery that is unfolded and celebrated on Easter Sunday is also the Resurrection of Christ. The aspect of the Paschal Mystery that is unfolded and celebrated during the Easter season is the life of the Risen Jesus.
- This feast day and liturgical season help us to live our lives better by reminding us that because of Christ's Resurrection, we can live joyfully and with the hope of one day being united with God in Heaven forever.

## Pentecost

- Pentecost is a feast day that marks the end of the Easter season.
- The aspect of the Paschal Mystery that is unfolded and celebrated on this day is the gift of the Holy Spirit.
- This feast day helps us to live our lives better by reminding us of all Jesus has taught us, and by giving us the gifts we need to go out into the world as his disciples.

## Ordinary Time

- Ordinary Time is a liturgical season that occurs between the Christmas season and Lent, and between Pentecost and Advent.
- The aspect of the Paschal Mystery that is unfolded and celebrated during this season is the life of Jesus Christ.
- This season helps us to live our lives better by helping us internalize the teachings and values of Jesus.

